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ABSTRACT BOOK

BEDEN EĞİTİMİ VE
SPOR ÖĞRETİMİNDE

80. YIL

80-Years of Teaching Physical Education and Sport

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KURULU
BAŞKANLIĞI



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 Prof. Dr. Günter AMESBERGER AUT
 Prof. Dr. Josef HACKFORTH GER
 Prof. Dr. Manfred LÄMMER GER
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The Effect of Aerobic Group Activities on Increasing Social Development and Skills of the School Age Children With Hyperactivity Disorder

MEHDİ KARGARFARD, FARİBA YAZDKHASTİ, SALEHAFRASYABI, ABDOL HAMİD SHAMSI

Attention-deficit/hyperactivity disorder (ADHD) is one of the common psychiatric disorders in children. ADHD is a big challenge for school age boys which may lead to undesirable long consequences in children's social and emotional skills. The purpose of this study is to examine the effect of aerobic group activities on increasing social development and skills of the school age children. The study presented is a quasi-experimental pre-test/post-test control group design. 60 school age boys children diagnosed with Attention-deficit/hyperactivity disorder (ADHD) through the Caners diagnostic questionnaire aged 8-11 years old volunteered to participate in the study and were selected randomly and assigned to experimental (n=30) and control (n=30) groups. The experimental group participated in an aerobic exercise program consisted of 45-min sessions for three days per week for 12 weeks at 60–80 % of heart rate reserve. During this period, the control group did not participate in any regular physical activity program. To measure social development and skills Vayland Questionnaire and Trading System Test(1990) were used respectively. Data were analyzed using one-way repeated measures analysis of variance (ANOVA). Aerobic group activities significantly increased social development and skills in experimental group than control group. The findings of this study suggest that an aerobic group activities may be effective in improving social development and skills of school age children with ADHD.

Key Words: Children With Hyperactive Disorder, Aerobic Group Activities, Social Development And Skills

Occupational Qualification Levels of the Physical Education and Sport Students / Beden Eğitimi ve Spor

Bölümü Öğrencilerinin Mesleki Yeterlilik Düzeyleri

TAHİR KILIÇ, FİLİZ YAYLACI, BAHRİ GÜRPINAR.

The purpose of this research is to determine the occupational qualification levels of the physical education and sport students according to some personal information and offer some suggestions for solutions. There are 37 Women and 67 man students studying at the Akdeniz University Department of teaching Physical Education and Sports in the fall semester of 2011-2012, participated the research. Data was collected through the " Self Perception of Candidate Teachers on Teaching Proficiency" scale, developed by Çakır, Erkuş ve Kılıç (2004). In the analysis of data, arithmetic mean, frequency, T-test and ANOVA were used. The total mean score of Physical education teacher candidates participating the survey was found 92.28 ± 17.23 . When you looked at the results, occupational qualification levels decreases through from first grade class to last grade class in some questions.

Key Words: Perception Of Occupational Qualification, Physical Education And Sports Teacher Candidate